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Anti-Aging Dentistry: Restoring Youth, One Smile At A Time



Synopsis

Dr Kourosh Maddahi, DDS has been a pioneer in Cosmetic Dentistry for close to 3 decades, and now, with his new guide to the all-new sub-field of Anti-Aging Dentistry, he's continued the trend. Dr Maddahi reveals in his first book ever; Anti-Aging Dentistry, Restoring Youth, One Smile at a Time, some of the great mysteries associated with aging in the lower 1/3 of the face, not just inside the mouth, but in the lips, cheeks, and jaw. He walks the reader through a step-by-step analysis of these largely misunderstood abnormalities that have been previously regarded as unfixable by medical or cosmetic procedures, and explains how it is expertly placed porcelain veneers and crowns that can rectify them, not injectables and facelifts. These revolutionary procedures have caught fire in the press and medical industries alike, and are now laid out for anyone to understand and gage the value of them, by the leader in the field. This clear, concise manual is just what the doctor ordered in the road to understanding what it is that changes our faces as we age, and how we can prevent or reverse what we've been told is inevitable; looking older.

Book Information

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Customer Reviews

This was book was very informative and cleverly written! While healthy teeth and gums has always

been a topic that interested me, I also have taken to wanting to know what a difference it could make in how I age. I started to notice the toll that my mothers dental health was having on her as she aged and reading this book answered many of my questions, with simple answers and great advice. I found that I remained interested in the book the whole time which was very helpful as well. Very well written.

I've known Dr. Maddahi for some time and his approach to dentistry, outlined in this book, is remarkable! With over half the dentists in the U.S. still using Amalgam fillings (among other practices still behind the times), this book outlines what you need to do to have a healthy and youthful smile, face and body. Highly recommended

I never would have thought I'd love a book about dentistry..but I could not stop reading this one. Very well written and highly engaging, with great use of patient case studies and examples that made it easy to follow and understand. I see I need to pay more attention to a few things!

I found this book to be highly informative and very interesting in terms of what Dr. Kourosh Maddahi does with dentistry. A great read, especially for those who are interested in cosmetic dentistry. Dr. Kourosh does so much more than just whiten teeth. He'll shave time off your life with a brand new smile that looks beautiful!

An excellent well written book, set into easy to read sections. It contains brilliant advice and examples as to how to look after your teeth and avoid all the foods, drinks and additives that destroy the colour of our teeth as we age. Also tips on how to prevent deterioration and problems with your gums. The case studies are real. The before and after pictures show how amazing dentistry can change the shape of the face and improve features making women and men look younger and allow them to smile with confidence. Dr Kourash Maddahi is truly a remarkable artist who CAN change your smile. He is a very kind and sincere man who cares for his patients and ensures that they get the best advice and results possible.

This is a wonderful and inspiring book about how teeth can transform your life. I know from personal experience how this truly happens. For years I hated my teeth, would never smile and had to always think twice when I wanted to laugh. Dr. Maddahi gave me a smile that I am proud of and now, every day I look in the mirror and smile. My friends at first didn't know what I had done. Many thought I

looked younger or had a new outfit. For me the younger appearance is a plus but the real value for me was the ability to smile and laugh again. Thank you so much Dr. Maddahi!! Congratulations on a wonderful book.

Who knew that dentistry could have so much to do with anti-aging? Reading this really opened up my eyes and brought my attention to things I was doing that I could do differently for great long term effects. I've shared some tips with my family too, it's just so simple and effective! The book's also really well written and captivating, it doesn't read like some boring medical book. Check it out!

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